

Tena koutou katoa nga mihi ki te whanau o te Kura o Koputai – greetings to all families of Koputai (Port Chalmers) School.

Welcome back to Term 4 which traditionally is a very busy term. Looking at the diary of events there are many exciting things planned, please keep an eye on the calendar so that there are no surprises. Our strong emphasis on using our local environment has started already with the children from Rooms 2 & 4 having boating planned for this term. Our students are very fortunate to have the opportunity to go boating. This activity could not go ahead without the wonderful support of Mr Bain and his trusted crew of Outdoor Education Committee Members. We give a huge thank you to them as they pass on their knowledge and skills to our students. On boating days students need to bring clothes that they can go in the water in (old shorts, tee-shirts which cover the shoulders, togs, rash tops, wetsuits etc.) and most importantly shoes that they can walk into the water in. Shoes are a must because of the hazards of glass and other sharp objects that can get dumped in the Bay. Often we can't see these hazards lurking below the water. Sandals are not adequate. The shoes must be covered in. We do have a small number of old shoes at school, but ask that the students are prepared for their boating experience. As this is a part of our school curriculum a note is required to excuse students and this will most likely mean they are put into another class for the boating time. We need all the teachers from the classes that are boating to be supervising and assisting at boating.

Swimming

Keeping on the aquatic theme, swimming starts next Thursday. This will be a regular Thursday activity so please make sure your children come prepared. The timetable for classes is included with our calendar of events. If you are available to assist at any of these times please speak to the classroom teacher. It is so important that children can swim in New Zealand as we are never far from water. We expect all children to participate in this programme. If for some reason children cannot swim a note is required and again supervision may be in other classrooms.

Sunsafe

Let's not Cloud the Issue - Sunshine is Powerful. Ultraviolet radiation cannot be seen or felt. What we feel as heat from the sun are infra-red rays. This means that on a cooler or cloudy day from now until the end of March you can still get sunburnt. So always slap on a hat, slip into some shade and wear clothing that protects your skin between 10am and 4pm when playing outside. Skin Cancer is largely preventable yet in NZ it is the most common cancer. Reduced exposure to the sun reduces skin cancer. Seek shade from the sun between 10am and 4pm from now until the end of March and dress for Sun Success (wear a hat, tops with sleeves and collars, and longer shorts and skirts). As children we spend a large portion of our lifetime out in the sunshine. Remember UV exposure is cumulative over our lifespan. People with fair skin are at higher risk of developing skin cancer. Hat wearing is

an important part of reducing UV exposure. The PTA has provided sunhats for all our students and in Terms 1 and 4 students are required to wear their hats (a cap is not a hat) when they are outside between the hours of 10am and 4pm. Sun protection is required for all our students and while fair skinned children are most at risk from the harmful effects of UV radiation on the skin, children with darker skin are also at risk. UV radiation also has a harmful effect on the eyes increasing the risk of eye damage in both fair and darker skinned children. So wear a hat, slip into shade and wear clothing like knee length shorts and skirts, and shirts with sleeves and collars to reduce exposure. Ka kite ano

We wish to welcome Eulalia, Sonny and Macie and their families, to our school. We are sure you will enjoy your time here with us.

Lawn Edges

Roger our caretaker is very keen to trim the edges of our lawns and has asked if anyone has an edge trimmer that we can borrow. If you have one that we can borrow please let the office know. Thank you

West Harbour Sports Day

On Tuesday the 24th October (next Tuesday), our whole school will be going to the West Harbour Sports Day at the Caledonian. Pupils will need to be dressed in suitable sports gear and hopefully be able to wear a red coloured T shirt to identify them as Port Chalmers School pupils. They will need a decent packed lunch, a drink and something warm to wear in between events. All pupils will be bussed to and from the Caledonian. We could still do with a couple of adult helpers. If you can lend a hand on the day, please talk to Jared or another staff member. Let's hope for a great day! If the weather is inclement, the postponement day will be on Thursday the 26th October.

BOATING 2017 TERM 4

We are very fortunate to have a boating programme at our school. The pupils learn to operate a variety of small water craft and most importantly, they develop skills and attitudes that will set them up for life, in, on, and around water. We rely heavily on adult helpers for our boating sessions. The Port Chalmers Outdoor Education Committee maintain the boats, assist with tuition, run the rescue boats and adapt the programme to suit the various ages and abilities of pupils. As an adult helper, you do not need to have any special skills or knowledge. We appreciate having an extra pair of eyes and hands to assist with the running of the session. We have three more scheduled sessions for **Rooms 2 and 4** during Term 4. Even if you have not got children going boating yet, we would still like to hear from you if you have time to help!

Health Snippet

COUGHING AND SNEEZING

Did you know that viruses travel about 6 metres when you sneeze, and 3 metres when you cough! These days, as one-way of preventing the spread of viruses, we are teaching children to cough and sneeze into their elbows or alternatively to cough or sneeze into a tissue and then throw it away. This is a good practice to get into as well as cleaning hands after every time you cough or sneeze.



THERE WILL BE NO SUSHI JOHNNY TOMORROW

Reporting Illness/Absences to School

Thank you to students and parents for coming past the office to let Katy know they are late arriving at school. If your child/children are going to be absent from school please inform the office and/or your child's teacher **with an explanation** of their absence each day. "Won't be in today" is not an explanation and can be marked as an unexplained absence. Please note that we are legally required by the Ministry of Education to code and provide a reason for student absences. You can inform us of your child/children's absence e.g. late, sick, dental appointment, dance exam etc. by either phoning the office on 472 8685, emailing the office, office@portchalmers.school.nz or leaving a text message on 027 697 3596. (Please note text messages will not get a reply). Your child's teacher also requires written notification, either by note or email, if your child is to be excused from sports, swimming etc.

Contact Numbers

Please let the Office know if you have changed your landline or cell phone number. This is in case of emergency and we need to get hold of you quickly. Thanks.

Library Books



The value of lost or not-returned OR damaged Library Books will be added to family accounts. Replacing books is very expensive so please have a good look for these. This is a cost that can be avoided by caring for books out on loan.

For Sale

We have a small supply of our honey left. Just \$18.00 each

Calendar of Events

23 rd October	Labour Day School Closed
24 th October	West Harbour Sports Day
26 th October	West Harbour Sports Day Cancellation Day
31 st October 9:00am	Kelk Photography Individual, Family and Class Photos
1 st November	No Technology DNI Rm 2
6 th November	Girls Smash Cricket starts
16 th November	HPV Yr 8's
27 th Nov – 1 st Dec	Artist in Residence
3 rd December Sunday (midday)	Artist in Residence Parade
4 th December	DNA university trip (Rm 2)
5 th December	BoT Meeting
7 th & 8 th December	Year 8 Camp
12 th December	Year 8 Dinner
13 th December	Beach Education (Rm 2)
14 th December	Final Assembly
30 th January	2018 Term One Starts

Boating Timetable

31 st October	1pm
14 th November	1pm
28 th November	1pm

Swimming Timetable Thursdays starting 26 October

Rm 8	10:30 – 11:00
Rm 4	11:00 – 11:30
Rm 2	11:30 – 12:00
Rm 5	1:45-----2:15
Rm 7	2:15-----2:45

Caught Doing Great Learning in Week 1

Writing
Van Rm 5
Bella Rm 5
Logan Rm 5

Vicki Nicolson **Principal**
www.portchalmers.school.nz