

Tena koutou katoa nga mihi ki te whanau o te Kura o Koputai – greetings to all families of Koputai (Port Chalmers) School.

TUMUAKI NEWS

Parent Learning Conferences

A reminder that we are starting the learning conferences at 1:30 pm on Tuesday 11th and Wednesday 12th of August (next week). If you are able to pick your children up by 1:30 pm on the Tuesday and/or Wednesday we would appreciate that. Children who can not be collected will work in the Hall with Vicki. We have included with today's newsletter a form for you to complete regarding school pick up on Tuesday and Wednesday at 1:30pm. We are asking you to signal your intentions for these two days so that we know which children are being picked up and which children are staying at school. You are able to return the form to school or complete the form through the Skool Loop app, under permissions. If we don't receive an indication from you as to what your children are doing on Tuesday and Wednesday afternoon, they will be staying at school in the Hall.

Scholastic Book Fair

For the next two weeks we are hosting a Scholastic Book Fair in the Office at school. It's a popup book shop! There will be a selection of books for you to purchase. Please take some time to have a look. This is to coincide with our annual Book Week, which starts in the second week of the Book Fair (Monday 17th August).

Fun Run

Our Annual Fun Run is happening on Friday 14th August. All parents and caregivers are encouraged to come along and support our children. If the weather is unfavourable, we will postpone the event to Monday 17th August.

We need adults to help as marshals so please let Jared or Vicki know if you can assist.

Sponsorship forms came home with last week's newsletter. Can they please be returned by the 21st August even if no sponsorship money is collected. Thank you. This fund-raising event provides playground and sports equipment for everyone.

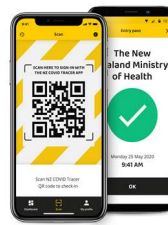
The approximate timetable will run as follows:

1:45	Year 5 & 6 Championship
1:55	Year 7 & 8 Championship/Non-Championship
2:00	Year 5 & 6 Non-Championship
2:10	Year 3 & 4
2:20	Year 2
2:25	Year 1

The PTA will be having a Sausage Sizzle on the afternoon of the Fun Run. Sausages will be available to purchase at \$2.00 each.

All students will get an ice block when they have completed their race.

We look forward to seeing you at the Fun Run. Heoi anō tāku mō ināianeī – that's all for now.




We are supporting contact tracing by having QR code posters at our entrances – so if you haven't already downloaded the NZ COVID Tracer app the Ministry of Health's NZ-COVID Tracer app page has information to help you do that.


Download the **NZ COVID Tracer** app
<https://tracing.covid19.govt.nz/>

Download Our School App

- Events • Cancellations • Notices
- Absentees • Parent Teacher Interviews
- Instant Messages • Permission Slips • Newsletters



Simple free download:
 In Google play & App Store search 'Skool Loop' & choose our school once installed.



Health Snippet

Healthy eating

Healthy eating and lifestyle habits are essential for children's learning and wellbeing, and to prevent them becoming overweight. The Ministry of Health recommends:

- Eat breakfast every day
- Limit take-away meals to no more than once a week
- Eat meals together. This turns dinner into a social occasion where news is shared, and parents can keep an eye on what their children are eating.
- Do not eat while watching TV. Children (and adults) eat more when watching TV.
- Sugary drinks (including fruit juice) should be limited to special occasions. Offer plain milk or water.
- Limit screen time to a maximum of 2 hours per day.
- Ensure children get enough sleep – lack of sleep is associated with increased weight.
- Aim for about 60min of physical activity per day for children, which can include fun time at the playground, or going for a walk with you and the dog.

For more information go to visit www.health.govt.nz

Miniball Results

Yr 7 & 8 Team

There was no game this week due to the other team defaulting



The Port Ballers

Last Thursday we played Anderson's Bay School in Miniball. They won. We were a lot better on defence but still need to work on sticking with our players and spreading out.

Please remember, if your child has sniffles or is generally feeling unwell, do not send them to school. Thank you.



We will be holding our annual Fun Run on Friday 14th August from 1.30 pm. A sponsorship form was included with last week's newsletter. Money

raised will go towards more sports equipment for our playground. If you have an hour or so to spare on this day, please consider helping us with marshalling on the course. It's quite a straightforward task! Please talk to Peta or Jared if you could help.

Te Reo

Māori words every New Zealander should know

- hapu (clan, sub-tribe; to be born)
- hīkoi (walk)
- hui (gathering, meeting)
- iti (small)
- iwi (tribe)

Art Work from Room 2 more can be seen in the Classroom



Room 8 Cooking with Charlotte



Library Books



There are a lot of books that are overdue or un-returned. Can these please be returned to the Library, if you are enjoying your book then please, renew it. Thank you.

Scholastics Lucky Book Orders

Tomorrow is the last day for Lucky Book Orders. Please put your orders in the yellow box at reception. Thank you.



Hot Wheels

We will be running a Hot Wheels racing car club in Room 6 at lunchtimes, on Tuesday for Juniors and Thursdays for Seniors. We already have some cars and a bit of track, but we would love some more. If you have any cars or track that you could donate to the school collection then could you please bring it along to Room 5? Thanks very much.

Artist in Residence Programme



We are looking for bits of brightly coloured fabric for our artworks. If you can help please bring it to the school office and we will store it ready for transformation.

ASSEMBLY TIMETABLE (2:15pm start)

21 st August	Book Week
28 th August	Room 2
4 th September	Room 8
11 th September	Room 5 & 7
18 th September	Room 4

CALENDAR OF EVENTS

7 th August (1:45pm start)	Playhouse Theatre Show
10 th August (1:30pm start)	El Gregoe Show
10 th - 21 st August	Book Fair
11 th & 12 th August (1:30pm start)	Parent Learning Conferences
14 th August 1:30 pm	Fun Run
17 th - 21 st August	Book Week
26 th August 6:00 pm	PTA AGM
27 th August	Omathlon 12.30pm Yr 5 1.30pm Yr 6 4.15pm Yr 7 5.15pm Yr 8
21 st - 25 th September	Art Week
25 th September	Art Week Exhibition
25 th September	Last day of Term

Vicki Nicolson Principal
www.portchalmers.school.nz