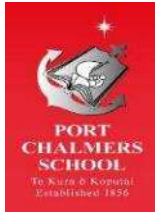


**Tena koutou katoa nga mihi ki te whanau o te Kura o Koputai – greetings to all families of Koputai (Port Chalmers) School.**



## TUMUAKI NEWS

### WANT TO BE IN THE LOOP?

You need Skool Loop, our new communications app - a free download from the Appstore or GooglePlay. Not only will you receive school and classroom notices straight to your phone but from your phone you will be able to give permission for excursions etc. notify the office of absences (you can even send an absence ahead of time by putting details in the 'reasons' box.)

### Outdoor Ed Week and Yr 7 & 8 Camp

Next week is a highlight for many of the learners. Our Year 1 – 6 children stay at school and explore the local environment and all it has to offer. Meanwhile the Year 7 & 8 students will be heading to Bannockburn for the week to explore an environment slightly further afield. Please check notices and information that has been sent home. We look forward to you joining us in some capability if you can over the week. Watch for stories sharing our experiences with you in the coming weeks.

### STRATEGIC PLAN

Our strategic plan has been reviewed and updated for 2020 in order to show how our three goals will be reflected in programmes and practices. Our three goals are:

- Inspire and engage students and their whānau in learning so that they can be successful in their lives, now and in the future.
- Actively develop partnership with the community, building two-way relationships.
- Build on our positive environment, embracing our rich cultural diversity in all we do.

### Dunedin Primary and Intermediate School Triathlon

On Wednesday 11<sup>th</sup> March (Friday 13<sup>th</sup> March, postponement date) the above triathlon will be happening around Watson Park, the Port Chalmers Pool and the streets surrounding from 9:00am. Please be mindful of traffic on this morning as families will be dropping children off to compete in the triathlon. There will be no parking on the outside of Albertson Ave.

### Swimming

Our six sessions of swimming lessons with JC Swim School have finished today. Our grateful thanks to Port Otago for sponsoring these lessons. Room 2 and 4 will have two Thursday afternoon sessions to supplement the swimming lessons on 19<sup>th</sup> and 26<sup>th</sup> of March.

I will be at school camp next week with the Year 7 & 8's.

Ka kite ano

### Teacher Only Day TOMORROW

Tomorrow the school will be closed so that the teaching team can spend a night and day at Otakau Marae. We are really looking forward to the learning and networking that will happen on this day.

### School Working Bee and Tidy Up



We are going to have a school working bee on Saturday 28<sup>th</sup> of March from 9:30 am. Please consider coming to help us get the gardens in order and woodchips spread in the playground.

### Breakfast Club

Thank you to the parents who have volunteered for Breakfast Club. We are almost fully covered; however, we are looking for one volunteer to help with Breakfast Club on a **Thursday** morning. Please let the office know if you can help.



St Bernadettes only had 3 players so we mixed the teams up and had a fun game. Thank you to Ness and Matilda who filled in because we were two players short.

### Train & Track Safety



**Tracks are for trains only** it is dangerous and against the law to walk on railway tracks or to walk through the train tunnels. Keep yourself safe by staying away from railway tunnels and stay off railway bridges.

The local railway line is - super-busy, trains are fast and heavy – and KiwiRail's train drivers can't stop quickly (check out the video below). Keep yourself safe by staying away from train tunnels and rail bridges and only cross train tracks at a proper rail crossing

Ka puta ngā tereina ahakoa te wā, mai I ngā ahunga e rua. Expect trains at any time from either direction.

Please keep safe and remember: tracks are for trains!

The link to a video where KiwiRail drivers talk about why it is so important to keep off the tracks

<https://www.facebook.com/KiwiRailNewZealand/videos/470839839945311>

### Legal Documents

It is a legal requirement that to enrol in a New Zealand School, a New Zealand or Australian Birth Certificate or New Zealand or Australian Passport is presented at or before enrolment so a copy can be taken to keep on our records. If you are a time bound visitor to our country, I will need to take a copy of your Visa. If you have not provided any of these, Katy will be ringing families asking for this documentation.

Thank you to those families who have already done this.

Attendance Matters			
1 or 2 days absent a week doesn't seem like much. But think of it this way			
If your child misses	That equals	Which is	And over 13 years of schooling that's
1 day per fortnight	20 days per year	4 weeks per year	Nearly 1 1/2 years
1 day per week	40 days per year	8 weeks per year	Over 2 1/2 years
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days	24 weeks per year	Nearly 8 years
If my child is 10 minutes late a day- surely that won't affect my child's learning			
If your child misses	That equals	Which is	Over 13 years of schooling that's
10 minutes per day	50 minutes per week	Nearly 1 1/2 weeks per year	Nearly half a year
20 minutes per day	1hr 40 mins per week	Over 2 1/2 weeks per year	Nearly 1 year
30 minutes per day	Half a day per week	4 week's per year	Nearly 1 1/2 years
1 hour per day	1 Day per week	8 weeks per year	Over 2 1/2 years

**Te Reo**  
**Junior School Waiata**  
 Te Aroha Love  
 Te Whakapono Hope  
 Me te Rangimarie Peace  
 Tatou, Tatau e For us all

Room 8 Sun Smart Challenge



**Stay "in the loop" in 2020 with our school app!**

Events | Cancellations | Notices  
 Newsletters | Permission slips  
 Instant notifications | Absentees  
 Parent Teacher Interviews

Simple free download:  
 In Google Play & App Store search 'Skool Loop' & choose our school once installed.

**Health Snippet**

Good sleep practices include providing an adequate opportunity for sleep based on age and individual sleep needs and an environment that is conducive to good sleep quality and safety.

1. Make sure your child gets enough sleep by setting an age-appropriate bedtime (preferably before 9:00 pm or 21:00 hours) and waketime\*.
2. Keep a consistent bedtime and waketime on weekdays and weekends.
3. Establish a consistent bedtime routine and we recommend wearing comfortable clothes in bed, including strong absorbing diapers for infants.
4. Encourage your child to fall asleep independently.
5. Avoid bright lights at bedtime and during the night and increase light exposure in the morning.
6. Keep all electronics, including televisions, computers, and cell phones, out of the bedroom and limit use of electronics before bedtime.
7. Maintain a regular daily schedule, including consistent mealtimes.
8. Ensure plenty of exercise and time spent outdoors during the day.

**\* TABLE OF RECOMMENDED SLEEP AMOUNTS**

AGE	SLEEP NEED
3-12 months	14 to 15 hours
1-3 years	12 to 14 hours
3-5 years	11 to 13 hours
6-12 years	10 to 11 hours
12-18 years	8.5 to 9.5 hours

**Principal Awards Week 5**

**Reflection**  
 Mica Rm 7      Nick Rm 7  
 Basma Rm 7      Aurora

**Writing**  
 Blake Rm 7

BOATING	
Tues 17 <sup>th</sup> March	12-2.45pm
Tues 31 <sup>st</sup> March	12-2.45pm
ASSEMBLY TIMETABLE	
Room 8	13 <sup>th</sup> March
Rooms 5 & 7	20 <sup>th</sup> March
Room 2	27 <sup>th</sup> March
Room 4	3 <sup>rd</sup> April
CALENDAR OF EVENTS	
6 <sup>th</sup> March	Teacher Only Day (School closed)
9 <sup>th</sup> -13 <sup>th</sup> March	Yr 7 & 8 Camp Yr 1 – 6 Outdoor Education Week
17 March 6:00pm	Whānau Hui
19 <sup>th</sup> March & 26 March	Room 4 & 2 swimming
23 <sup>rd</sup> March	Otago Anniversary Day (School closed)
28 <sup>th</sup> March	Working Bee
2 <sup>nd</sup> April	HPV for Year 8's
9 <sup>th</sup> April	Last day of term
28 <sup>th</sup> April (Tuesday)	Term 2 Begins

**Vicki Nicolson Principal**  
[www.portchalmers.school.nz](http://www.portchalmers.school.nz)