

*Tena koutou katoa nga mihi ki te whanau o te Kura o Koputai – greetings to all families of Koputai (Port Chalmers) School.*

## TUMUAKI NEWS



### ANZAC Assembly

Please join us tomorrow afternoon at 2:15 pm for our ANZAC Assembly. We will share some of our learning with you and remember those who served in various conflicts around the world.

### West Harbour Arts Charitable Trust Midwinter Art Auction Fundraiser

The West Harbour Arts Charitable Trust are very excited to announce a Midwinter Art Auction at the Port Chalmers Town Hall on Saturday 3<sup>rd</sup> July. More details to come (follow West Harbour Arts Charitable Trust on Facebook and whact\_ote poti on Instagram to keep up to date) - in the meantime, book your babysitters and get ready for a great night!

### Ways of Working

As a learning community it is good to have a set of ways of working together so that we can all get the best for our learners.

Port Chalmers School ways of working

- Listening
- Being respectful, considerate, kind and patient
- Sharing with and encouraging others
- Being open-minded
- Being responsive and solution focused

### Learning Community Condolences

Our learning community sends condolences to the family and friends of Jan Tucker, a much-valued member of the West Harbour community. Jan passed away on Sunday. Her dedication to this community is acknowledged by our school.

### Pause, Breathe Smile

We are supporting the wellbeing of our students and providing them with mental skills that they can utilise throughout their lives. School teaching staff have recently been trained to deliver the evidence-based Pause, Breathe, Smile programme.

Research of Pause, Breathe, Smile shows that the programme:

- Improves focus and attention
- Increases calmness
- Enhances self-awareness
- Improves conflict resolution skills
- Promotes pro-social behaviour
- Significantly increases wellbeing

Across the eight Pause, Breathe, Smile lessons students will learn basic mindfulness practices, explore happiness, develop self-regulation skills, be introduced to basic neuroscience, foster kindness and empathy.

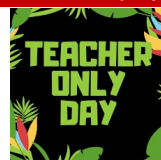
All classes will be starting this programme in the next few weeks.

Heoi anō tāku mō ināianeī - That's all for now

Nāku noa nā. - Yours sincerely

Vicki Nicolson

### Advanced Notice Teachers Only Day



There will be a teacher only day on Friday 4<sup>th</sup> June so teachers can prepare for the implementation of the Aotearoa New Zealand's Histories Curriculum.

### Te Reo

Sea Snail	Puputai
Sea Egg	Kina
Shark	Mongo
Stingray	Whai
Tuna	Ahihi

### Notice of Koputai Kids Afterschool and Holiday Programme Closing 21st May 2021

Dear Everyone

Koputai Kids Afterschool and Holiday Programme is ceasing to trade from the 21st May 2021. Mana Afterschool Care and Holiday Programme will be working from and leasing the premises at the Port Chalmers School site so that the children from the West Harbour Community will continue to be catered for from the 24th May 2021. We support Mana and want them to be successful in our absence even though we are very sad/upset about the closure. It has been a painful decision for the staff who have put lots of time and energy into the programme over the years and have built strong relationships with the children, families and school communities.

We will be contacting all the parents on our books and introducing Mana as our replacement with our recommendation. Koputai Kids will also be communicating with the wider community.

We would like to take this opportunity to thank all of you for supporting Koputai Kids for over 20 years. We will miss all the children and contact with the many parents and community members we have worked with over the years but are very grateful for the opportunity to serve our community as the non-profit organization that started from very humble beginnings.

Best Regards

Wendy Russell, Programme Coordinator



**FOOTBALL SOUTH**

**OTAGO COMMUNITY RUGBY**

# FOOTY FUSION

**SUNDAY 9TH MAY**  
**FORSYTH BARR STADIUM**

Learn to play Rugby & Football  
 Fundamentals of the game • Club information stands

**A CHANCE TO TRY BOTH SPORTS**

**From 10am-12pm**  
 Football, 6th - 8th Grade  
 Rugby, Yr 3 - Yr 5

**From 1pm-3pm**  
 Football, 9th - 12th Grade  
 Rugby, Yr 6 - Yr 8

McDonald's DUNEDIN | DUNEDIN CITY COUNCIL | Kaunimera Ōtēpoti

## World War 1 Writing Room 8

### FROM THE TRENCHES

By Honor

I hear bombs and yelling.

It's been 8 months of eating rotting, mouldy, treats.

Bodies dripping blood and full of pains.

Heavy hard guns.

I smell smoke and wet clothes, old and musty

I see tanks making tracks in the dirt

I see rats and mice swimming in the trenches

I see people fighting

And death

## WW1

By Finn

### DAY 1

You climb up the rough rocky riverbank. Gunshots zoom past. A soldier is struck down. Only 259 people survive trying to get to the trenches. I take my first shot. Cries of terror echo through the trenches. I run for the toilet. I have time to remember my friends, family and why I'm here. I race out with my gun raised. I crouch down next to a tall thin man. We both take aim at the man driving the tank. We both hit our target. I high 5 the man and we head for dinner. I take my first bite. I feel like I'm going to throw up. It takes me three hours to get to sleep and then all I dream about is the war. Yells and screams. Bombs and guns. Blood splattered everywhere. I wonder why the war even started.

### DAY 2

I wake up with suddenly, heart beating fast and my breathing heavy. I go to take my place beside the tall thin man but he is now lying on the ground motionless. Tears trickle down my body. I run to the tunnels hacking my way out to the boats. It's too much. My spade breaks. Gas seeps in and my vision goes hazy. I feel weak and fall to the ground.

**Heart Foundation**

## MAKE IT COUNT

Save money by making and packing healthy snacks into your child's lunchbox

Time is a factor for all of us, but using convenience pre-packaged snacks for your child's lunchbox could be costing you hundreds of dollars over the year!

**The snacks in this lunchbox cost \$2.60**  
 Cost over a childcare year (40 weeks at 3 days/week) = **\$312**

- Fruit Drink 125ml: \$0.65
- Diced fruit salad in juice 113g: \$1.25
- Chips 18g snack pack: \$0.30 each
- Tiny Teddy biscuit 25g snack pack: \$0.40 each

**Smarter Choices**

- Skip the chips for rice crackers and slice your own block of cheese: \$0.25
- Buy tinned fruit salad in bulk and serve small portion (113g): \$0.35
- Swap the biscuits for 2 x petite plain or fruit pikelets: \$0.38
- Swap the fruit drink for tap water: \$0.00

**The snacks in this lunchbox cost \$0.98**  
 Cost over a childcare year (40 weeks at 3 days/week) = **\$118**

**SAVE over \$190 per year by packing a healthy lunchbox every day!**

Prices as at July '19

For more information, visit [learnbyheart.org.nz](http://learnbyheart.org.nz)



### Year 7 & 8 Miniball Draw

Monday 10<sup>th</sup> May 5.30 on Court 2 vs DNI North Stars

### Play Pod

More equipment is needed to replenish our play pod.

If anyone has solid, sturdy materials such as planks, piping, blocks, reels, rope, crates we would love to give them a home. Thank you. :)

Welcome to Charlie in Room 4 and Sam in Room 8 and their whanau. We are sure you will enjoy being part of our learning community.

### CALENDAR OF EVENTS

7 <sup>th</sup> May	ANZAC Assembly
12 <sup>th</sup> May	Wood is Good Presentation
18 <sup>th</sup> May	PTA Meet & Greet 3:15pm
21 <sup>st</sup> May	NZ Playhouse Show "Chilled"
24 <sup>th</sup> May	BOT Meeting 7pm
4 <sup>th</sup> June	<b>Teacher Only Day</b>
7 <sup>th</sup> June	Queen's Birthday school closed
2 <sup>nd</sup> July	Matariki Breakfast
3 <sup>rd</sup> July	Midwinter Art Auction
7 <sup>th</sup> & 8 <sup>th</sup> July	Learning Conferences
9 <sup>th</sup> July	Last day of term