

Tena koutou katoa nga mihi ki te whānau o e Kura o Koputai – greetings to all families of Koputai (Port Chalmers) School.

North Zone Cross Country

It was a real pleasure to take 9 runners to the North Zone Cross Country Race at Chingford Park on Wednesday. Congratulations to Ness and Aurora who have qualified for the Otago Cross Country event which is on the 1st of September at Kaikorai Valley College. We will also be taking some of our Year 7 & 8 runners who perform well in our Fun Run.



Kindness Week

This week we are having a real focus on showing kindness. Kindness can be hard for kids to understand as it is an abstract concept. We are noticing when children are being kind in our classrooms and playground and thanking them for showing kindness.

As adults, we know that sometimes being nice to someone can be hard, especially if that person hasn't been nice to us. However, one of the best lessons we can teach a child is to do the right thing and show kindness, even when you don't necessarily feel like it.

Rūma Pipi had a great conversation about how they can be kind kids. Their pictures are at the end of our newsletter this week.



Calendar Art Order Forms

All classes have completed their calendar art for this year. Order forms went home today. These need to be returned by 8th September. The PTA bank account is listed on the form if you prefer to pay via internet banking. Please send in your order form still and note on it that you have paid by internet banking. Please use your child's name and Calendar Art as references. The art is displayed in classes for you to look at.

Cross Country Timetable Friday 25th August

1:45 pm	Y 5& 6 Champs
1:50 pm	Y 7& 8 Champs
2:00 pm	Y 5&6 Non-Champs
2:10 pm	Y 7 & 8 Non-Champs
2:15 pm	Y3 & 4
2:25 pm	Y 1
2:30 pm	Y 2

Port Chalmers School Community Voice Survey

The Port Chalmers School Board of Trustees is asking our school whānau and learning community their thoughts as we plan for learning in the next 3 -5 years. We are keen to work alongside and engage with our community to focus on delivering excellent learning opportunities for all our tamariki.

We have created a survey to gather this important voice.

Please use this QR code on your device to access the survey.



FREE Reclaimed Building Materials

Most of you will have noticed the demolition work occurring around the Avenue at the moment. We have been approached by the company undertaking this work and they would like to offer our school community building materials that can be reclaimed, recycled or even used for firewood. The most useful stuff for many will be the timber or the bricks although there will be a lot of other materials that will otherwise end up in landfill. The company is also selling household whiteware from these sites and donating the proceeds to our school for us to purchase playground equipment and sports gear. A very generous gesture indeed. If you are interested in any of the building materials or firewood, please contact either Craig on 0226182747 or Lala 0223281179. They are happy to talk to folk who may be interested in any of these items.



Fun Run sponsorship cards have gone home. Could we have these returned by Friday 25th August please.

Please see Jared if you can help by being a marshal on the course next

week

There will be a BBQ at the Fun Run. \$2.00 a sausage. Bring some cash!

Health Snippet

Grief and loss

Grief and loss are experienced by every child at some point in their lives.

Children respond differently to a sad event, and it is important for the parents or caregivers to respond in a way that is helpful to that child.

Normal grief responses include:

Crying, even long after the event (comfort the child and allow them to cry)

- Wanting to talk about the event (listen to the child, allow them time to express their grief in their own words)
- NOT wanting to talk about the event (wait for the child to be ready to talk, be attentive to cues)

Usually the support of caring adults around them is enough for most children, but if you are worried about your child it is important to seek advice.

Look up www.skylight.org.nz for resources on grief and loss, including how to talk to a child about difficult topics such as death.

Your public health nurse is Laurie Mahoney 476-9833

Health Advice

We are experiencing an unusually high rate of illnesses at school presently. To mitigate this, please wear a mask if you are in school with any symptoms. Please also ensure that your kids understand that they should wear a mask when in close proximity to their classmates if they have been ill, or are pre or post symptomatic at school, for a day or two. Thank you.

Let's go fishing

Otago Fish & Game Council is running four free Take A Kid Fishing session from 10am to noon at Southern Reservoir, Reservoir Road, Dunedin, on September 2, 3, 9 and 10, 2023.

You must register to attend this popular event.

Go to the Otago Fish and Game Council Facebook page, or follow the link below:

<https://www.surveymonkey.com/r/CNDY7L2>

Due to popular demand, participants may only register for one day only. Numbers will be limited to 120 children per event.

Spare fishing rods will be available along with experts to help kids get started. Please bring a few fishing lures. Parents or caregivers must be present to supervise children.

Thanks to our supporters at the Otago Community Trust, Oceania Gold and Dunedin City Council.



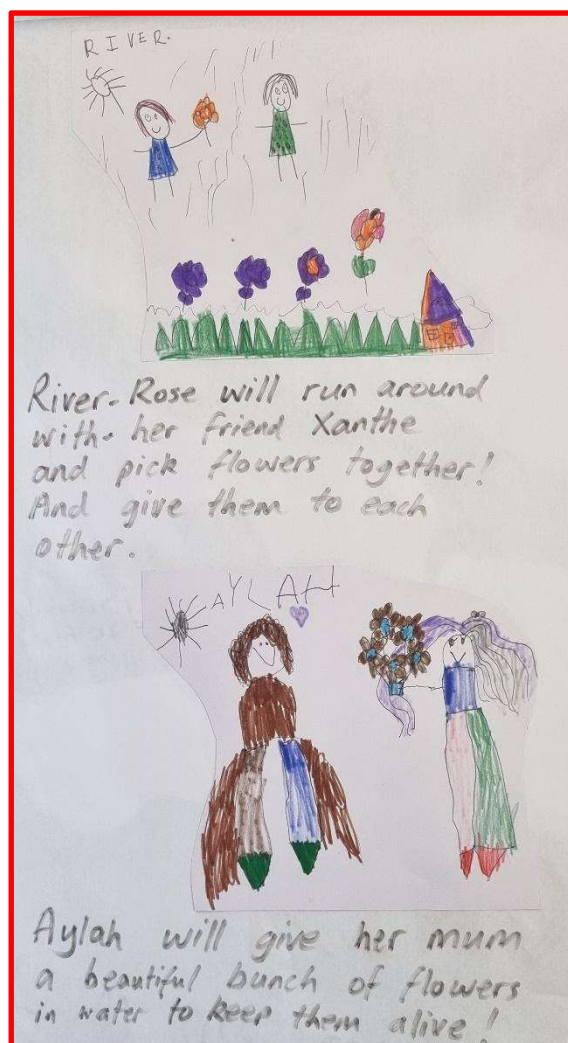
Calendar of Events

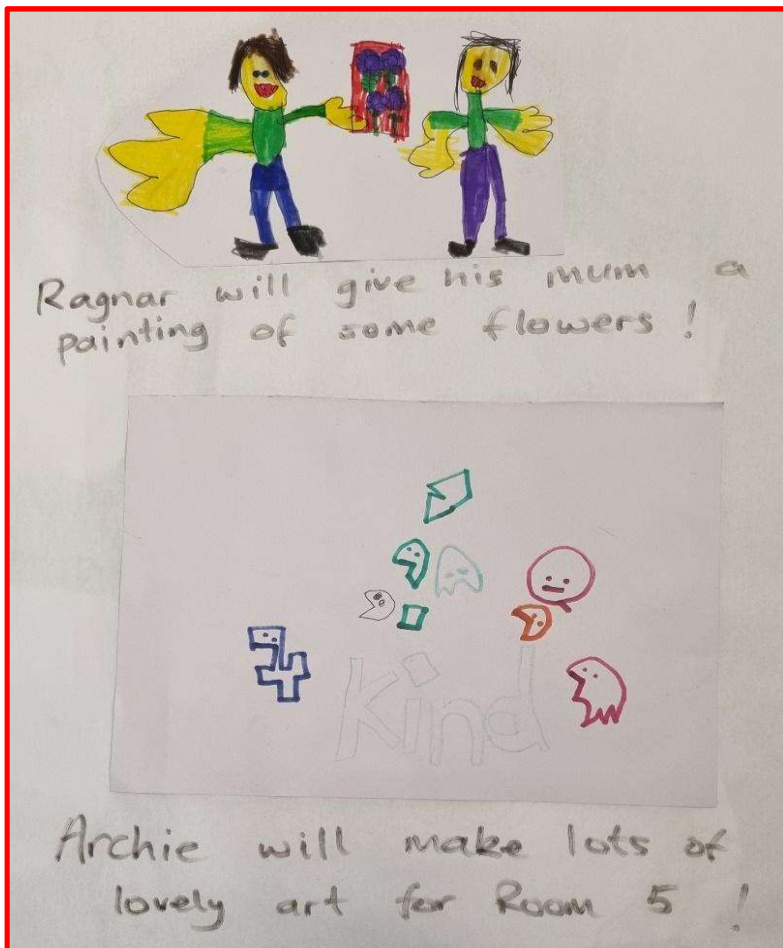
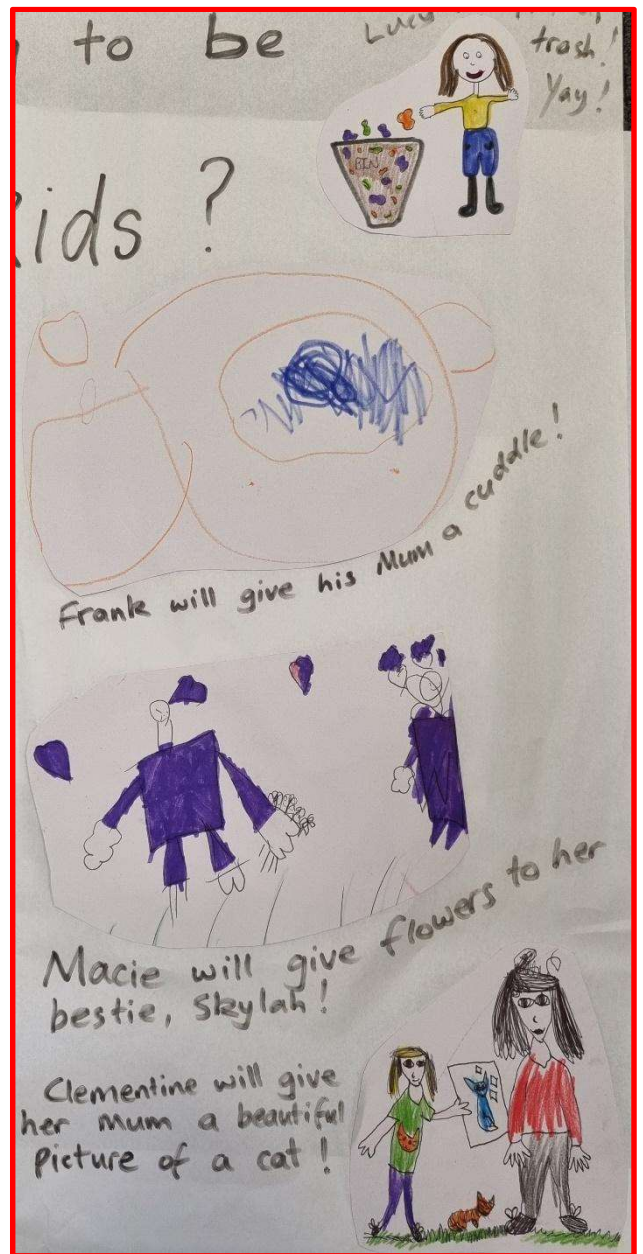
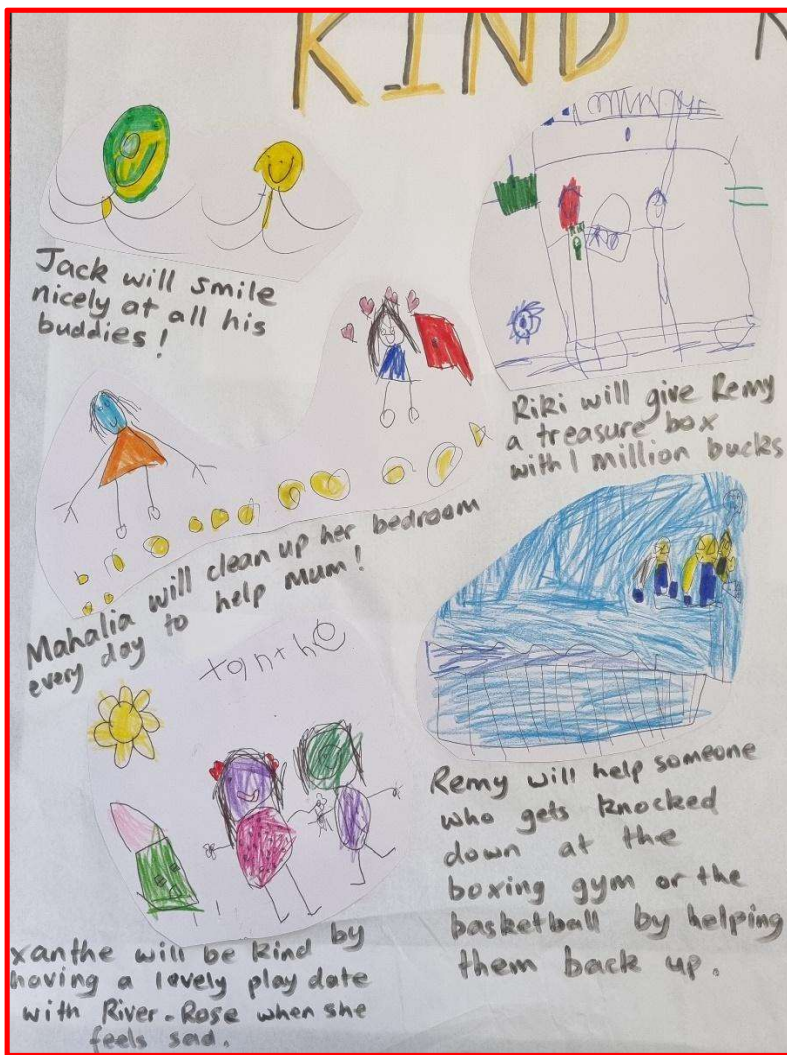
25 th August (1:30pm)	Fun Run
1 st September	Otago Cross Country
8 th September	Calendar Art Orders Due
22 nd September	Last day of term
9 th October	Term 4 Begins
Assembly Timetable	
1 st September	Rūma Wheke
8 th September	Rūma Pāua
15 th September	Rūma Tepetepe and Rūma Pipi
22 nd September	Rūma Mangō



REMEMBER
ONCE A WEEK,
TAKE A PEEK

How Rūma Pipi Kids are going to be Kind Kids





0800 942 8787



AN IMPORTANT MESSAGE TO OUR COMMUNITY



Unite
against
COVID-19

COVID isolation rules removed

You will have seen that the Government has announced the removal of the mandatory COVID isolation rule, which took effect on the 15th August 2023. The last of the COVID restrictions were removed following public health officials advice that risk from COVID-19 is now considered low compared to other stages of the pandemic.

What does this mean for us?

As with any other illness it is recommended that students and staff stay at home if they are feeling unwell and should follow Ministry of Health guidelines in order to stop the spread of illnesses and keep others safe.

Ministry of Health Guidelines

- If you test positive for COVID-19, **it is recommended you isolate for at least 5 days**, even if you only have mild symptoms, starting at Day 0. This includes if you have had COVID-19 before.
- **Isolation means not going to work or school.**
- Household contacts do not need to isolate, but it is recommended that they do a RAT each day for 5 days.