

Tena koutou katoa nga mihi ki te whānau o e Kura o Koputai — greetings to all families of Koputai (Port Chalmers) School.

#### **Polyfest Performance**

We are very excited that our performance at Polyfest is happening tomorrow, Friday

15<sup>th</sup> September. The tamariki from Rūma Wheke, Pāua and Mangō, plus the Year 3's from Rūma Tepetepe are ready. Our performance time is 11:40 am at the Edgar Centre. We will leave school by bus at 10:15 am and return to school by 1:00 pm. \$2.00 entry fee for spectators. If you can't make it in here is the link for the live stream <a href="https://livestream.com/accounts/15197514/OtagoPolyfest2023">https://livestream.com/accounts/15197514/OtagoPolyfest2023</a>



Message from the PTA

# Port Chalmers Seafood Festival fundraising opportunity!

The PTA is providing volunteers at this year's Port
Chalmers Seafood Festival as a fundraiser. We are
looking for pepole to help out between 10am - 5pm. This
will involve a 2-hour stint clearing tables, picking up
rubbish etc. You will get free entry so can then enjoy the
vibe of the festival too.

The Festival is on Saturday 30 September, at Shed A, Port Otago.

If you are able to help out, email office@portchalmers.school.nz or leave a message at the school office 03 4728685.









The West Harbour Arts Charitable Trust will be holding their AGM at the Careys Bay Hotel at 8pm on Wednesday **September 20th.** Anyone interested is welcome to join us!

We are looking forward to our mahi with Kate Stevens West next term during our annual Artist-in-Residence week.

Save the date: Sunday 5th November for our parade.



#### Advanced Notice Teacher Only Day 13th November

The Ministry of Education teacher only day on Monday 13th November



#### North Dunedin Softball-Cricket

Mondays, 4pm-5pm @ Logan Park (Logan Park Drive)

Years 3-6

Cost: \$20 per player

5-week programme starting Monday 30<sup>th</sup> October

A fun, softball cricket programme for any skill level in a festival environment (music, prizes, ice creams etc.)

If you are interested in making up a Port Chalmers School team please email Brooke (<u>brooke@portchalmers.school.nz</u>)







- Whare nui meeting house, big house for communal gathering, sleeping house
- Whare whakairo carved meeting house
- Whare kai dining hall, eating place; often used for meetings
- Wharepaku 'small house'; ablution block, toilets and shower room
- Whare horoi bathroom

#### **Health Snippet**

#### **Poisoning**

Our houses/basements/garden sheds are full of toxic substances, which can cause harm if used wrongly. Children are particularly vulnerable, as they are naturally curious and have little sense of potential dangers. Medications:

- Store medications out of reach of children. Ask for child-proof lids.
- Supervise when children take medications
- Don't share medicine, only give it to the person it is prescribed for.
- Make sure you don't exceed the daily maximum dose of a medication. For example, if both mum and dad are giving paracetamol to a child, they need to communicate when a dose has been given to avoid over-dosing.

Cleaning gear:

- Store out of reach of children. It is tempting to keep dishwashing tablets in the cupboard next to the dishwasher, but this is very harmful to children if swallowed.
- Explain to your child that the bottles of cleaning materials are not to be played with, and dangerous.
- Keep your garden shed locked if it contains poisons.

This information was provided by the Ministry of Health.

Your public health nurse is: Laurie Mahoney 476-9858

# Join Tühura Otago Museum and The Entomological Society of NZ for a Backyard Biodiversity Workshop!

September 2023 is Bee Aware Month, and we will be holding workshops to educate on how to promote biodiversity, live more sustainably, and help bees and other important pollinators in your backyard. There will be fun games, gardening tips, and scientists on hand to answer your questions. Play our "Is It A Bee?" game, dig through leaf litter for bugs, visit the bee-feeding station, or get a face painted with your own little critter (11-2)- there are plenty of free activities to keep the whole family entertained and informed on backyard biodiversity! https://www.facebook.com/events/785564883250784/

When: Saturday September 16th, 10:30am - 3pm

Where: Tühura Otago Museum (Atrium)

Cost: Free!

For any inquiries please contact

Connal at mclco324@student.otago.ac.nz

#### **Coming to America**

The year is 1940 and in a small town on the outskirts of Berlin the story begins.

The time was 8:47. The fire was alight and everyone was



reading their books. The clock struck 8:50. A quiet buzzing could be heard. Just then the air raid siren went off. AA guns were booming outside. Boom! Boom! Boom!

"Quick" said mother "to the bunker!" Everyone rushed outside. Fritz and Mother got in, but Erika tripped. Fritz dashed out into the garden, helped her up and leapt back into the bunker, just in time too. A bomb blew up one of the walls "Nooo!" screamed

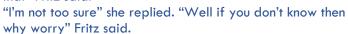
Mother. The group waited it out until morning and by then everyone wanted to get out of Germany.

The next day mother had bought three tickets to a boat leaving for America. There they could at least escape the war. The boat left at 12 and it was almost 11. Fritz and Erika were packing their suitcases while Mother was packing their supplies. At 10 past they were waiting for a

taxi and at 15 past they were at the docks. Everyone boarded the boat and it left.

Time passed. Fritz was on the main deck and Mother was in their quarters. Erika came up the ladder. "Fritz" she said. "Yes?" came the reply.

"I've got a bad feeling about this boat". "Why's that" Fritz said.



"I guess so, mind if I stay here?" "No, come on over" Fritz said.

Just then a face appeared out of the manhole "how's it going up here?"

It was mother. "Good" they said in unison.

"Dinners ready so yo-" Crack! Boom!

"What was that?". There was a gaping hole was in the side of the boat. A cry came from the helm. "Everyone to the lifeboats!" "We've been hit by a U-boat. Women and children first!"

Mother and Erika hopped in first. Fritz followed soon after. Luckily everyone made it off.

As the crew rowed. Fritz started to think. How else would they make it out of Germany? Then he remembered his father went to an air base on his last mission. That air base had to be nearby. However, it would be difficult to get in, but it might just work.

When they got to shore Fritz told them his idea "No, it's too risky" Mother said

"Oh come on Mother" said Erika "it might just work". Mother sighed "alright, but how will we get there?"



"I think I may have an idea." Fritz dashed over to a nearby

car. A Ford deluxe, a rare car to find in a time like this but at least he could get in. So, he pulled out his paper clip and started picking. Shick! He did it.



"Hey you, stop!" yelled a man

"Quick, get in." Erika and Mother dashed over to the car. "Are you sure you know how to drive?"

"Well Father taught me a thing or two, so yes" as he pulled the gear in to drive and pressed down on the gas pedal. Brum! The car shot off.

"Quick turn right!" Fritz turned right narrowly avoiding a lorry "argh!"

The car swerved around a corner and almost hit a truck carrying a load of watermelons then went through a hedge. Once driving through the countryside, they found the air base. Fritz brought the car to a stop and everyone walked out. The time was 7:00 and it was dark. The group snuck over.

The searchlights made it difficult, but they made it to the hanger.

"Wow!" said Erika, "what one should we take?"

"Something that would fit all of us so not the Focke-wulf..." said Mother.

Just then something caught Fritz's eye.

"How about the Messerschmitt 264

"Hmm, alright." They grabbed the bomber gear on the



wall and clambered into the Messerschmitt. Fritz read the manual as Mother was reading the safety guide and Erika was securing her parachute.

"Alright everyone

ready?"
"Yes." "Roger."

"Ok, so I push the yellow button." The wheels started rolling.

"Check the flaps" The wing flaps moved up and down and the tail flaps moved left and right.

"Now once taxiing pull the red lever" Zzzt! The propellers were starting up.

"Now use the middle joystick to control the plane."

"And push the purple button to start lift off." 3...2...1...Lift off! Woosh!

The plane was flying. They had done it. All that was left was to make it to America. "We might actually do it," said Mother.

"Yes" replied Erika.

10 hours had passed, and Fritz and Mother had taken turns flying every 2 hours and got 2 hours of sleep in between. Until a loud boom woke everyone up.

"Oh no the AA guns." They fired away at the plane.

"Oh no, they hit the tail fin!" yelled Fritz.

"We may need to do an emergency landing!"

"Brace for impact" said Mother.

As the plane spiralled down, Fritz thought - wait, where are we? I can't see through the fog.

"I don't know but what I do know is, we will be in the afterlife if you don't pull up!" screeched Erika.

"Oh right!" Crack!

"One of the wings fell off!" said a worried Mother. Doff! The plane skidded along the ground until it juddered to a

halt. Fritz lay back in his chair and sighed a deep sigh of relief.

"So where are we now?" he said. "I'm not sure" said Mother. "I'll go outside and take a look."

"Ahhh!' she screamed. Erika and Fritz dashed outside, and they both screamed.

"We did it!" they yelled. "We made it to America!"

#### By Rex

Calendar of Events	
15 <sup>th</sup> September	Kapa Haka Performance at PolyFest leaving school 10.15am 1pm return 11.40am performance
18 <sup>th</sup> September	Kiwi Golf (At school)
22 <sup>nd</sup> September	Last day of term
9 <sup>th</sup> October	Term 4 Begins
10 <sup>th</sup> - 20 <sup>th</sup> October	Swimming
26 <sup>th</sup> October	School Photos
30 <sup>th</sup> October	Artist in Residence Week
5 <sup>th</sup> November (Sunday)	Artist in Residence Unveiling and Celebration
13 <sup>th</sup> November	Teacher Only Day
14 <sup>th</sup> December	Final Assembly @ 2pm
Assembly Timetable	
15 <sup>th</sup> September	Rūma Tepetepe and Rūma Pipi
22 <sup>nd</sup> September	Rūma Mangō

StorY by Henry



#### Some 'How to' Instructions from Rūma Tepetepe

## How to make a jam sandwich

What you need

bread

spoon

butter

jam

knife

a cutting board

- 1. Get your ingredients
- ூர் 2. Put them on the kitchen bench
  - 3. Get out the bread
- 4. Put it on the cutting board
- 5. Get a knife
- 6. Spread the butter on the bread
  - 7. Spread the jam on also
  - 8. Put another piece of bread on top
  - 9. You eat it!

By Jaih

#### How to play SNAP.

You will need two people and a set of cards.

Start with each person having half a set of cards.

You need to take turns at putting down the cards, picture face up.

If 2 cards are put down and they are the same, you need to put down your hand on top of the cards and say "SNAP".

If you do this first, you win the pile of cards.

Keep playing until all the cards are gone.

The winner is the person who has all the cards at the end.

By Skylah

#### How to play Jail Break

What you need...

more than 5 people

be outside on the grass.

What you do...

Run around as everybody is in.

If you tag somebody, you do paper, scissors, rock with them.

If you win you keep running and trying to tag other people. They have to sit down and wait.

If you lose you sit down and wait until the person who tagged you loses against somebody else and sits down.

Then you can get up and start playing again.

By Arthur

How to make a milo

Step 1. You need to get out a cup

and a spoon, milo and sugar.

Step 2. Pour milk into a cup.

Step 3. You put 2 teaspoons of milo

and 2 teaspoons of sugar in the cup.

Step 4. You stir it with the spoon.

Step 5. Now you drink it!

By Taze



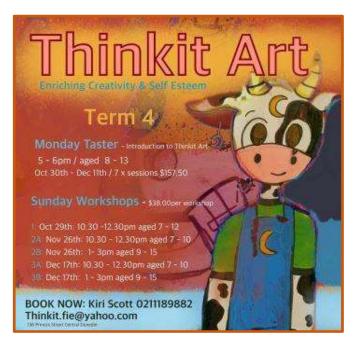


Spring time is upon us, and our latest issue is jam-packed with content to help Kiwi parents <a href="https://issue2309.totstoteens.co.nz">https://issue2309.totstoteens.co.nz</a>

#### What's in this issue for parents?

- » Calm, cool, co-regulation tips
- » How tamariki learn to read
- » Is your kid ready for sleepovers?
- » Adorable and tasty slice recipes
- » What's on near you
- » Going outside for healthier eyes
- » Itchy, scratchy spring time support
- » Molluscum contagiosum... what is it?!
- » Slimy spooky craft
- + \$3,600 of EPIC GIVEAWAYS

Ask your tamariki to **find this issue's Te Reo Māori words** including kōrero pukapuka, tiakarete ika, kaipuke,
rā, mate pāwera, and moeroa









# 2023 SWIM CLUB ONLINE REGISTRATION FOR NEW MEMBERS



bit.ly/PCSC2023-new-registrations



Swimmers 5+ years welcome to join Contact: secretarypcswimclub@gmail.com



Follow us: Port Chalmers Swim Club & stay up to date with club news and events

**Learn-to-Swim Lessons** 

**Development Squad** 

**Competitive Squad** 

**SwimFit Squad** 

**PORT CHALMERS SWIM CLUB** 



Please find below the learn-to-swim options along with the squad options available this coming season for any child 5+ years in age.

\*\*Please note that Levels 1-6 are for children only. Adults are most welcome to join the SwimFit Squad.

## **Learn-to-Swim Sessions (Levels 1-4):**

L1 Seahorses (Beginners)

For children 5+years with some water confidence but limited-to-no swimming ability (most 5-year-olds with no prior lessons start here).

L2 Turtles (Confident Beginners) For children who can already submerge themselves and collect items from the pool floor, float on their front (and their back) unsupported, and are ready to learn to glide and kick unsupported.

L3 Penguins (Width Improvers)

Children will start to develop specific stroke techniques for both arms and legs, breathing techniques, and in-water somersault (working with the full width of the pool).

L4 Seals (Width Advancers)

Children will continue to develop stroke & breathing techniques improving their ability to swim for longer distances, as well as learning basic crouch diving techniques.

## Squads:

Stingrays (L5 Length Improvers) Developing 4 strokes & survival skills; improving technique & endurance.

**Dolphins (L6 Development)** 

Swimming & potentially competing at novice level (if interested); improving

fitness & technique.

Competitive

For experienced swimmers intending to compete in local/regional competitions; improving fitness, speed & endurance.

**SwimFit** 

For children/adults looking to stay fit to support their lifestyle & other physical activities (e.g. surf lifesaving, dancing, open water swimming, running, waterpolo, general fitness).

Fees for the whole season per swimmer:

Once a week lesson or squad session \$150 Twice a week lesson or squad session \$270

Full payment of club fees is due by 1 October 2023 or please discuss a payment plan with the Club Treasurer by emailing secretarypcswimclub@gmail.com

Please note: Pool entry fee is additional to the club fees and is to be paid before each lesson at the pool reception desk. We encourage you to check out the DCC's multiple visit/season passes as they are good value for money.

#### PICK-UP LOCATIONS

#### **Dunedin North**

Buy produce from stall & pick up orders Thu 8:45-10 am & 4-6 pm After-hours access available All Saints' Church hall, 786 Cumberland St

#### North East Valley

Thu 4:30-5:30 pm St Martin's Church hall, 194 North Rd

#### St Kilda

Thu 4-5:30pm Holy Cross Church hall, 5 Bellona St

#### Caversham

Thu 10-11am & 5-5:45pm Caversham Presbyterian Church hall 61 Thorn St

#### Green Island

Thu 10.30am-11.30am St Mark's Church, 27 Shand St

#### **Blueskin Bay**

Thu 4-6pm, Blueskin Bay Library Contact Gisele: 027 272 4478

#### **Andersons Bay**

Thu 4-6pm St Michaels Church, 44 Elliot St

#### **Port Chalmers**

Thu 5:15-6pm Holy Trinity Church, 1 Scotia St

#### Nau mai haere mai

Keep up with our news and info on changes to our services:

allsaintsdn.org.nz/all-saints-fruit-and-veges

#### WANT TO HELP?

Join our volunteering community! We have lots of volunteer opportunities, from packing bags, to vege sales, to ordering.

> Please email us to learn more at: allsaints.fruitvegesegmail.com







#### **CONTACTS & LINKS**

Website

allsaintsdn.org.nz/all-saints-fruit-and-veges



#### Facebook

www.facebook.com/dnfruitandveg/

#### Email

allsaints.fruitvegesegmail.com

#### Phone

Dunedin North Anglican Parish office 03 479 2212







# **ALL SAINTS'** FRUIT & **VEGES**

Cheap Fruit & Veges Weekly Packs + Produce Stall

#### WHAT DO WE OFFER?

#### 1. Pre-ordered value packs

Mixed seasonal fruit & veges Contents change weekly Comes in cloth eco-bags Pickup places around Dunedin Get the size or number of packs that suits you

\$4 pack

\$7 pack

\$14 pack or a family

**Potatoes** 10 kg bag

Honey & Eggs

Holy Cow Milk

#### 2. Discount fruit & veges stall

At the Dunedin North only

All Saints' Church hall 786 Cumberland St Thu 8:45-10 am & 4-6 pm



we bulk buy wholesale low overheads

#### THE WEEKLY CYCLE



#### Easy as! Especially if...

Place an online weekly subscription order + automatic bank payment

= you don't need to remember anything

except pick-up, but we send reminder emails

#### **HOW IT WORKS**

Order as often as you like. There are online ordering options for weekly subscriptions & oneoff orders

Collect from one of 8 locations across Dunedin (see overleaf) Please return last time's cloth bag

#### Forgot?

We'll email you about how you can pick up later

Unclaimed packs:

if you haven't collected your pack after 3 days, we'll donate it to a Dunedin food bank

#### WANT TO TRY?

#### Online orders

Go to allsaintsdn.org.nz/all-saints-fruit-and-veges

Choose weekly subscription or oneoff order, select pack size & pick-up location

Make online bank deposit

### Cash orders

Place order for following week at your preferred pick-up place (see overleaf)

Please bring cash as most pick-up places do not have EFTPOS