

Tena koutou katoa nga mihi ki te whānau o e Kura o Koputai – greetings to all families of Koputai (Port Chalmers) School.

Important Dates for Year 8's

The graduation events are important so here are dates and details for you to put in your diary:

Year 8 Camp Monday and Tuesday 11th and 12th of December

Year 8 Dinner Wednesday 13th December (notice about this has gone home with this newsletter)

Final Assembly Thursday 14th December 2:00pm

Christmas Market Baking

The PTA is hosting a stall at the **Port Chalmers Christmas Artisan Market** on Sunday the 26^{th} of November at the Edgar Centre.

This is a great fund-raising opportunity for our school. We need your help.

Home baking is always a huge hit at this market. Please bake something and send it to school tomorrow. Thank you.

Large Loose Parts

Promoting and supporting student play is very important to us as a school. With the promise of summer weather, we are on the lookout to supplement our creative play equipment. If you have access to packing pallets, plastic milk and bread crates, plastic drums and/or plumbing pipes we would love to hear from you.

Mental Health

It's always good to stop and focus on our mental health. One way to do this is to focus on Five Ways, Five Days. Recognising the tumultuous times, we have experienced over the last few years, this strategy provides us with a set of tools to support our mental health.

The 5 ways are:

- Take Notice | Me Aro Tonu be mindful and in the moment, notice what is occurring around us
- Give | Tukua refers to basing our actions on kindness or generosity - carrying out acts of kindness not only boosts our happiness but also contributes to the well being of others
- Be Active | Me Kori Tonu an important component for both physical health and fitness, being active is also a mood booster
- Connect | Me Whakawhanaunga a sense of belonging and connection is the ngākau/heart of our wellbeing, through nurturing meaningful connections, we fuel our own happiness and that of others
- Keep Learning | Me Ako Tonu this refers to 'exercising our mind' – a bit like taking our brain to the gym

Calendar of Events	
24 th November	Baking for PTA Christmas Bake Sale
30 th November	PTA Disco
8 th December	Christmas Developmental
11-12 December	Year 8 Camp
13 th December	Year 8 Dinner
14 th December	Final Assembly
Boating Timetable	
Thursday 7 th December	1-3pm
Assembly Timetable	
24 th November	Rūma Pāva
1st December	Rūma Mangō
14 December	Final Assembly at 2pm
Wednesday 31st January	Term 1 2024

Otago Athletics Championships

Three tamariki qualified for the Otago Athletics Championships which was held on Tuesday 21st November. Amelia, Kodee and Bene all competed in sprints, Kodee competed in high jump and Amelia competed in long jump. We had three top three finishers in the field and track events.

Amelia was placed third in long jump with a jump of 4.02m. She was also place third in her 80-m sprint final. Kodee was place third in his 80-m sprint final. This is a wonderful achievement for these athletes. Aue te wananei! Wow, how awesome!



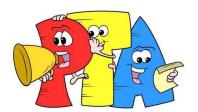
Christmas Raffle

Raffle cards went home today. There are two draws, a Christmas hamper and a Christmas cake.

Could these please be returned by Friday the 8th

December. The raffle will be drawn on the 13th

December.



Our PTA has a stall at the Christmas Market this weekend at the Edgar Centre. Please bring any baking to school



tomorrow. This was a great fund raiser for the school last year so

we hope to repeat this. We are also looking for donations for our Christmas Raffle, which we will also sell at the market. Raffle items can be left at the office all this week and baking goods on Friday.

For this, the PTA are wanting donations for the Christmas raffle and baking. Baking will be required on Friday 24th November.





Come and join in the fun at the School Disco on Thursday 30th November.

The theme is the end of Spring Fling. We know that swim club may finish at that time for some, so we are

having a Sausage Sizzle, which means swimmers and dancers can have something for tea.

Low sensory 5:45 - 6:00.

Rūma Pipi and Tepetepe start time 6:00 — 7:00pm

Rūma Mangō, Paua and Wheke start time 7:00 - 8:30

nm.

Entry is \$2.00. Of course, there will be yummy food to purchase.

Class Photos

Can we have all orders back tomorrow, Friday the 24th. This then gives Kelk enough time to get them back to us before the end of the year. Thank you

Cricket Results

PC Red - Won by 6 runs. Player of the day this week went to Flynn, Wren, and Alesia.



PC White - Lost by 3 runs. Player of the day this week went to Mo.

PC Black - Lost by 2 runs. Player of the day this week went to Toby.



Whenua — land, homeland, country (also afterbirth, placenta)

<u>Te Reinga</u> – point at northern tip of New Zealand

<u>Kaitāia</u> – far north town with Dalmatian settlers

<u>Paihia</u> – idyllic tourist place in far north, next to Waitangi

<u>Hokianga</u> – early Māori explorers used harbour as place
to return to

Golf

Last Monday, a group of pupils from the senior school had an opportunity to play some golf at the Port Chalmers Golf Course. This was organised by Mel Harper who came out to the school last term and ran a whole school golf programme during the day. The pupils enjoyed their time on the golf course and I can see that we have some talent here at school. Thank you to the 'Eagles' golfing organisation for sponsoring the event for us.









Action Shot of the day. (Do you see the golf ball?)









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