



**Tena koutou katoa nga mihi ki te whanau o te Kura o Koputai – greetings to all families of Koputai (Port Chalmers) School.**

**Matariki Breakfast**

It was so wonderful to see so many tamariki and whānau at our Matariki Breakfast last Friday morning. Coming to school at 7:30 am in the dark is so exciting for our tamariki (not so much for us). Thank you to everyone who came and to the people who stepped up to help make and serve the food. It was so good to be able to be together as a learning community.

Ngā mihi o **Matariki**, te tau hou Māori

**School Musical**

Every two years it has been the tradition for our learners to perform for their whānau in a school wide musical. Covid 19 put a stop to that last year, however it means that this year is the year! We will perform our musical at Otago Boys High School Auditorium on Thursday the 30th September at 7:00 pm. There will be more details next term, we just want you to mark the date.

**Sushi Wednesday**

Please note the prices for sushi on a Wednesday. A number of families are not putting enough money in their envelopes for what they are wanting. Correct change is always helpful too as we don't have a float of change here at school.



**Sushi Johnny**  
**SCHOOL LUNCHES!**  
Available Mon- Fri  
Orders in preferably by 9am  
Pick up available from 11am at Sushi Johnny, 26B George St, Port Chalmers  
Phone 03 472 8537 or Text 021 0247 8933  
"Fresh everyday"

Kids Lunches		
Teriyaki Chicken or Vegetarian Rice Balls		\$3.5
Teriyaki Chicken or Vegetarian 5 piece Sushi		\$5
Full menu also available.		
Salmon Sushi	(8) \$9.8	(5) \$5.7
Salmon Deluxe	(8) \$11.8	(5) \$6.7
Chicken Teriyaki	(8) \$9.2	(5) \$5.4
Crispy Chicken	(8) \$9.2	(5) \$5.4
Combination	(8) \$8.8	(5) \$5.2
Vege Deluxe	(8) \$9.2	
Inari	(2) \$5.7	
Mini Sushi	(9) \$5.8	
California Roll	(8) \$9.3	(5) \$5.5
Smoked Salmon	(8) \$9.2	(5) \$5.4
Smoked Chicken	(8) \$9.5	(5) \$5.6
Vegetarian	(8) \$8.3	(5) \$5.0
Nigiri Combo	(8) \$9.8	
Chicken Teriyaki on Rice		\$9.8

**SYMPTOMS OF COVID-19, FLU AND COLD**

	DRY COUGH	FEVER	RUNNY NOSE	SORE THROAT	BREATH-LESSNESS	HEADACHE	BODY ACHES	SNEEZE	FATIGUE	DARRHOEA
COVID -19	✓✓	✓✓	✓	✓✓	✓✓	✓	✓	~	✓✓	✓
FLU	✓✓	✓✓	✓	✓	✗	✓✓	✓✓	✗	✓✓	✓
COLD	✓	~	✓✓	✓✓	✗	~	✓✓	✓✓	✓✓	✗

✓✓ FREQUENTLY   
 ✓ SOMETIMES   
 ✓ LITTLE   
 ~ RARE   
 ✗ NOT

Heoi anō tāku mō ināianeī - That's all for now  
Nāku noa nā. - Yours sincerely  
Vicki Nicolson



**Results**

**Intermediate Miniball**

On Monday we played DNI. It was probably our best game of the season so far. We attacked and defended well and, in the end, we were just beaten. The final score was 26-21

**Year 5 & 6 Port Ballers**

We played a team from St Clair School. The score was 15-9 to St Clair. We are getting much better with our passing and getting the ball up the court. Congratulations to Charlie, our player of the day.

**Tots to Teens Magazine**

JUNE ISSUE digital magazine is available here  
<https://issue2106si.totstoteens.co.nz/>

**Please remember, if your child has sniffles or is generally feeling unwell, do not send them to school. Children who have vomited are to be kept home for 48 hours after the last bout. Thank you.**

University of Otago  
**Science Expo**  
Saturday 10 July, 10am–4pm  
Sunday 11 July, 10am–2pm | **Free entry**

**Te Reo Māori**

Kua hoki au            I'm off  
Ka kite anō            See you again  
Hei konā rā            Goodbye for now

**Health Snippet**

**SLEEP AND BEDTIME**

Children need a good night's sleep so that they have enough energy for the next day's activities. Sleep is important for our brains as well as our bodies. Children cannot fight colds and viruses when they are tired. Children may not be a good judge of how much sleep they need, as they may not recognise they are tired. Children of primary school age may require 11- or 12-hours sleep. Suggested bedtimes for 5 to 11-year olds are 7 pm to 8.30 pm. Generally, 12-year olds need only 10 hours. A good bedtime routine will help. If parents are having difficulty with the children's bedtime routines they can discuss these with the local public health nurse.



We wish to thank everyone who put their hands up to help this term. From breakfasts to trips, we couldn't do these things without you. Enjoy the next 2 weeks off!

Kia ora mo to awahina  
(Thank you for your help)

### Puaka Matariki Programme

The Puaka Matariki programme is coming to the Port Chalmers Library on July 15<sup>th</sup> and then to the Central Dunedin Library on the July 17<sup>th</sup>. Working alongside Creative Communities and the local libraries we are heading to Dunedin to run a number of workshops around Matariki. This participatory workshop is for all ages 5 years and upward and for a koha donation. All participants will make their own porotiti at the end of the session. Bookings are essential through the Dunedin Library website via Facebook events page. Full programme and Rob Thorne info below

[Rob Thorne Toi Pūoro | Facebook](#)

Thursday 15<sup>th</sup> July, 6-8pm – Port Chalmers Library,  
[www.facebook.com/events/780058306025615](http://www.facebook.com/events/780058306025615)

Saturday 17<sup>th</sup> July, 2-4pm – Dunningham Suite,  
4th Floor, Dunedin City Library, 230 Moray Place  
[www.facebook.com/events/4035030836617462](http://www.facebook.com/events/4035030836617462)



**VOLUNTEERS WANTED!**  
HELP GIRLS NAVIGATE THEIR CHANGING WORLD.

**YOU BE THE GUIDE**

Join us and use your skills and passion to build girls' confidence and life skills. Flexible options to fit your lifestyle.

GirlGuiding New Zealand **GIRLGUIDINGNZ.ORG.NZ**

### University of Otago

Dear parents,  
We are inviting all 6-15-year olds in Dunedin to participate in a fun Psychology experiment which involves a few simple tasks, watching some fun videos and lots of laughs. The child and at least one parent will attend a single session in our lab at the University of Otago (approx. 30 mins long). The accompanying parent will also be requested to answer some questions. At the end of the session, parents will receive a \$10 koha to cover travel expenses. Parking will be provided. If you are interested or have any questions please feel free to contact  
Shirley Kong  
[qiyi.kong@postgrad.otago.ac.nz](mailto:qiyi.kong@postgrad.otago.ac.nz) or 027-231-4174  
Prof Ted Ruffman  
[ted.ruffman@otago.ac.nz](mailto:ted.ruffman@otago.ac.nz) or 03 4797670

### Otago Nuggets Visit

Last Wednesday we were lucky enough to have a visit from a couple of the Otago Nuggets. They taught us some skills and talked about being 'good sports' in our games.



### CALENDAR OF EVENTS

9 <sup>th</sup> July	Last day of term
26 <sup>th</sup> July	Term 3 Begins
2 <sup>nd</sup> August	Waste Free Wanda Show
16 <sup>th</sup> August	BOT Meeting
17 <sup>th</sup> August	North Zone Cross Country
19 <sup>th</sup> August	North Zone Cross Country postponement day
30 <sup>th</sup> September	School Musical

**Principal's Award**  
Matariki  
Bene Rm 8  
Rex Rm 8  
Ness Rm 8  
**Writing**  
Max Rm 7

[www.portchalmers.school.nz](http://www.portchalmers.school.nz)