



*Tena koutou katoa nga mihi ki te whanau o te
Kura o Koputai – greetings to all families of
Koputai (Port Chalmers) School.*

TUMUAKI PURONGO

Parent Election Results Declaration

At the close of nominations, as the number of valid nominations was equal to the number of vacancies required to be filled, I hereby declare the following duly elected.

CUMING, Angela
LINDSELL, Rachael
TIMMS, Carolyn

GILBERT, Caro
O'NEILL, Emma

Staff Election Results Declaration

At the close of nominations, as the number of valid nominations was equal to the number of vacancies required to be filled, I hereby declare the following duly elected

LANDRETH, Ian

Katy Gray
Returning Officer.

Learning Conferences Catch Up

We know that because of illness last term, we missed learning conferences with whānau. We are organising with people catch up times on Wednesday 17 August. Individual class teachers will be in touch with you to organise a time on this day.



Our school Fun Run will be held on Friday 26th of August. We have altered the route so that we are not running on the roads, especially Wickliffe Terrace. The run will be within our grounds, the fitness track and Watson Park. Approximate timing of the races are:

1:45 pm Year 5 & 6
2:00 pm Year 7 & 8
2:15 pm Year 3 & 4
2:30 pm Year 2
2:40 pm Year 1

Cards will go home next week. All cards need to be returned by the 31st of August, even if the runners didn't get any sponsors.

We will need adult helpers on the day. Please see Jared or Vicki if you can help.

We will run a sausage sizzle on the day (\$2.00 a sausage) and all runners will get an ice block as they finish the course.

Heoi anō tāku mō ināianei - That's all for now

Nāku noa nā. - Yours sincerely

Vicki Nicolson

www.portchalmers.school.nz



Te makariri hoki o te rangi!	It's really cold!
Tino pai te rangi, nē rā?	Lovely day, isn't it?
Kua mārama?	Understood?
He aha te kupu Māori mō ...?	What is the Māori word for ...?
Kua mutu?	Finished?

Health Snippet

Healthy eating

Healthy eating and lifestyle habits are essential for children's learning and wellbeing, and to prevent them becoming overweight. The Ministry of Health recommends:

- Eat breakfast every day
- Limit take-away meals to no more than once a week
- Eat meals together. This turns dinner into a social occasion where news is shared, and parents can keep an eye on what their children are eating.
- Do not eat while watching TV. Children (and adults) eat more when watching TV.
- Sugary drinks (including fruit juice) should be limited to special occasions. Offer plain milk or water.
- Limit screen time to a maximum of 2 hours per day.
- Ensure children get enough sleep – lack of sleep is associated with increased weight.
- Aim for about 60min of physical activity per day for children, which can include fun time at the playground, or going for a walk with you and the dog.

For more information go to visit www.health.govt.nz

Attendance Matters

1 or 2 days absent a week doesn't seem like much.
But think of it this way

If your child misses	That equals	Which is	And over 13 years of schooling that's
1 day per fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years
1 day per week	40 days per year	8 weeks per year	Over 2 ½ years
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days	24 weeks per year	Nearly 8 years
If my child is 10 minutes late a day- surely that won't affect my child's learning			
If your child misses	That equals	Which is	Over 13 years of schooling that's
10 minutes per day	50 minutes per week	Nearly 1 1/2 weeks per year	Nearly half a year
20 minutes per day	1hr 40 mins per week	Over 2 ½ weeks per year	Nearly 1 year
30 minutes per day	Half a day per week	4 week's per year	Nearly 1 ½ years
1 hour per day	1 Day per week	8 weeks per year	Over 2 ½ years



Traffic Safety

Approximately 1.3 million people die each year as a result of road traffic crashes. Between 20 and 50 million people suffer non-fatal injuries, with many incurring a disability as a result of their injury. Road traffic injuries are the leading cause of death for children and young adults aged 5 - 29 years.

[Trafficquiz.com](http://trafficquiz.com) is FREE to use website developed with an aim to spread awareness regarding traffic rules and road safety rules among school students and their parents. Through trafficquiz.com school students can learn and test their knowledge about traffic & road safety rules in an entertaining way i.e. by playing quizzes. Even Teachers and Parents can also use trafficquiz.com regularly to refresh their knowledge about traffic, road safety & child safety rules. Benefit of being ONLINE is that trafficquiz.com can be used anytime, anywhere on any device.

The road safety quizzes cover various topics, such as:

- Pedestrian safety (Safe walking)
- Bicycle safety (Riding safely)
- Bus Safety (School bus)
- Car safety (passenger safety)
- Child safety quizzes for Parents

Otago U13 Chess Championship

Will be held at the Otago Chess Club in Dunedin on 13 and 27 August. The entry forms can also be downloaded from the Otago Chess Club website (<http://otagochess.org/tournaments.html>).



Some Haiku's from Rūma Tepetepe

HORSES

have really long manes
eat carrots, grass, hay
bales
stand up while sleeping
By Charlii

BEEES

make honey in hives
will sting if you annoy them
buzzing around flowers
By Skylah

CHEETAH

zooming and roaring
Cheetah is a spotty blur
hunting and prowling
By Wren

OWLS

they eat at night time
can turn their heads all
around
they have pointy claws
By Nova

CAT

are very lazy
chase balls, attack pipe
cleaners
are very sleepy
By Brecken

SNAKE

it has a dark tongue
it uses venom to kill
very slithery
By Van

TIPAN

Tipans are deadly
Bite prey with poisonous
venom
Have slippery bodies
By Arlo P

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Chess Club 2022

Every Friday this term.

3.30pm to 4.15pm

At the Port Chalmers Library

Win a game = Lollies

If you do not know how to play, we can teach you.

Rūma Wheke Home Cooking

Rūma Wheke was excited to have their first home science lesson where they made toast and lemonade.

There were no complaints about the cooking.



Good Workers

Writing

Taze Rūma Pipi

CALENDAR OF EVENTS

3 rd August 12 noon	BoT Nominations Close
26 th August	Fun Run
23 rd September (1:30)	Bob Bickerton Show
28 th September (1:45 pm)	Deano Show
30 th September	Last day of term
Assembly Timetable	
2 September	Rūma Pipi & Tepetepe
9 September	Rūma Wheke
16 September	Rūma Mangō
30 September	Rūma Paua